

# 2012 METRO 8 AND UNDER CHAMPIONSHIP

**WHERE:** HOFSTRA UNIVERSITY

**WHEN:**

SESSION	DAY	DATE	WARMUP	AGE	EVENTS
1	FRI	03/09/2012	3:45 PM	8-UNDER	1 – 8
2	SAT	03/10/2012	7:45 AM	8-UNDER	9 – 38
3	SUN	03/11/2012	7:45 AM	8-UNDER	39 - 68

**WHO :**

SEE MEET ELIGIBILITY REPORT.

**ENTRIES:**

MAX INDIVIDUAL ENTRIES 2 FOR FRIDAY, 3 FOR SATURDAY AND SUNDAY, FOR 8 ENTRIES MAX.

**FEES:**

\$3.00 PER EVENT. PLEASE CIRCLE BY **FRIDAY, FEBRUARY 24<sup>TH</sup> 2012**. ONLY SWIMMERS WITH SUFFICIENT FUNDS AT THE ABOVE DATE WILL BE REGISTER FOR THIS MEET REGARDLESS OF YOUR INTENT TO SWIM.

**ATTIRE:**

ALL SWIMMERS MUST WEAR AND COMPETE IN THE TEAM ATTIRE: WARM-UP, TSHIRT, CAP AND BATHING SUIT OR THEY MAY BE SCRATCHED FROM THE MEET

**DIRECTIONS:**

**BY CAR:** LONG ISLAND EXPRESSWAY (I-495) EAST TO EXIT 38, NORTHERN STATE PARKWAY EAST, TO THE MEADOWBROOK PARKWAY SOUTH (EXIT 31A) ... STAY ON THE MEADOWBROOK PARKWAY UNTIL EXIT M4 (SIGN READS "HEMPSTEAD" AND "COLISEUM"). FROM EXIT M4 OF THE MEADOWBROOK PARKWAY YOU WILL BE ON ROUTE 24 WEST (HEMPSTEAD TURNPIKE) ... STAY ON 24W FOR ABOUT ONE MILE ... PASS NASSAU COLISEUM ... HOFSTRA UNIVERSITY IS ON BOTH SIDES OF HEMPSTEAD TURNPIKE ... FOR THE NORTH CAMPUS MAIN ENTRANCE, MAKE THE FIRST RIGHT AFTER THE FIRST OVERHEAD WALKWAY.