

# LIE OCTOBERFEST



**WHERE:**

L.I.EXPRESS AT HOFSTRA

**WHEN:**

SESSION	DAY	DATE	WARMUP	AGE	EVENTS
1	FRI	10/21//2011	3:45 PM	ALL	1 - 16
2	SAT	10/22//2011	7:45 AM	11-12; 13-14	17-36
3	SAT	10/22//2011	1:45 PM	10-U; OPEN	37-56
4	SUN	10/23//2011	7:45 AM	11-12; 13-14	57-76
5	SUN	10/23//2011	1:45 PM	10-U; OPEN	77-96

**WHO :**

SEE MEET ELIGIBILITY REPORT.

**ENTRIES:**

MAX 4 INDIVIDUAL ENTRIES/DAY

**FEES:**

\$3.00 PER EVENT. PLEASE CIRCLE BY MONDAY, SEPTEMBER 19<sup>TH</sup> 2011. ONLY SWIMMERS WITH SUFFICIENT FUNDS AT THE ABOVE DATE WILL BE REGISTER FOR THIS MEET REGARDLESS OF YOUR INTENT TO SWIM.

**ATTIRE:**

ALL SWIMMERS MUST WEAR AND COMPETE IN THE TEAM ATTIRE: WARM-UP, TSHIRT, CAP AND BATHING SUIT OR THEY MAY BE SCRATCHED FROM THE MEET

**NOTE:**

THE 500 FREE EVENTS HAVE CUT TIME: 11-12: 6:45.00; 10-U: 7:15.00. IF YOU WOULD LIKE TO SWIM THE OPEN SESSION INSTEAD OF YOUR AGE GROUP PLEASE CONTACT COACH DRAGOS

**DIRECTIONS:**

**BY CAR:** LONG ISLAND EXPRESSWAY (I-495) EAST TO EXIT 38, NORTHERN STATE PARKWAY EAST, TO THE MEADOWBROOK PARKWAY SOUTH (EXIT 31A) ... STAY ON THE MEADOWBROOK PARKWAY UNTIL EXIT M4 (SIGN READS "HEMPSTEAD" AND "COLISEUM"). FROM EXIT M4 OF THE MEADOWBROOK PARKWAY YOU WILL BE ON ROUTE 24 WEST (HEMPSTEAD TURNPIKE) ... STAY ON 24W FOR ABOUT ONE MILE ... PASS NASSAU COLISEUM ... HOFSTRA UNIVERSITY IS ON BOTH SIDES OF HEMPSTEAD TURNPIKE ... FOR THE NORTH CAMPUS MAIN ENTRANCE, MAKE THE FIRST RIGHT AFTER THE FIRST OVERHEAD WALKWAY