

**LaGUARDIA AQUATIC CLUB**  
**Top 25 MVS SCY ranking as in January 31<sup>st</sup> 2012**

NAME	AGE	GROUP	EVENTS	AVERAGE	TOTAL
1. Polanco Kayla	11	C	17	707.59	12029
2. Phang Yik	11	B	13	781.69	10162
3. Garcia Steven	12	E	13	719.23	9350
4. Fan Catherine	9	C	12	763.67	9164
5. Lin Alex	15	E	14	648.36	9077
6. Wu Kevin	14	E	14	629.93	8819
7. Lee Andy	10	C	12	733.75	8805
8. Zezula Mateusz	14	E	13	677.23	8804
9. Bouzarouata Jasmine	11	B	13	672.54	8743
10. Uszinski Arthur	15	E	14	600.93	8413
11. Falcao Nicole	12	B	15	547.80	8217
12. Silveira Luiza	10	C	12	680.75	8169
13. Rodriguez Emily	9	B	12	658.17	7898
14. Kwok Joyce	17	E	12	650.17	7802
15. Lui Geyanne	16	E	14	522.07	7309
16. Wang Kathryn	9	C	10	606.17	7274
17. Thom Miriam	11	C	15	483.07	7246
18. Phang Yee	14	E	14	494.86	6928
19. Lee Anna	14	E	12	575.58	6907
20. Rubiano Alexandra	15	E	13	527.92	6863
21. Starzyk Suzanne	10	B	12	569.17	6830
22. Lau Jacky	17	E	13	523.46	6805
23. Soo Nicole	11	C	15	449.53	6743
24. Fong Samantha	10	C	12	560.25	6723
25. Falcao Isabella	9	C	12	557.00	6684

The LGAC Top 25 Most Valuable Swimmer is based on the Hy-Tek power points system, which evaluates your performance for each event you swim during the season.

You can find your power points for each race at [USASWIMMING.ORG](http://USASWIMMING.ORG) (times/time standards, individual times). The complete team list is posted at [lgactwisters.com](http://lgactwisters.com)

In order to apply for the E group, you have to reach 4000 points per season). You can add points by swimming as many different events as you can, and by getting faster, more proficient in all strokes and distances.