

APEX SWIMMING POOL, LEHMAN COLLEGE.

**250 Bedford Park Blvd. W. Bronx, NY 10468
718-960-3123**

DIRECTIONS:

BY CAR: TAKE TRIBORO BRIDGE NORTH. CONTINUE ON MAJOR DEEGAN EXPRESSWAY (87) AND EXIT AT VAN CORTLAND PARK SOUTH. CONTINUE UPHILL ON SEDGEWICK AVE. AND TURN RIGHT ON GOULDEN AVE., TO BEDFORD PARK BLVD., PARKING LOT IS TO THE RIGHT.

BY TRAIN: TAKE # "7" TO 42 GRAND CENTRAL, (OR "E", "F" "N", "R" TO LEXINGTON AVE), AND TRANSFER TO # "4". GET OFF # 4 AT BEDFORD PARK/LEHMAN COLLEGE STATION. THE POOL IS 1 BLOCK WEST.